



Tel: +27 (0)21 418 3803

Mobile: +27 (0)83 234 6428

Email: info@awoltours.co.za

Web: www.awoltours.co.za

Address: V&A Waterfront info Centre, Dock Road, Cape Town SA

Winelands Hikes

Experience a walk through the vineyard or hike the rugged Jonkershoek mountains in the Winelands, the historic wine route in the Cape



Picnic lunch at the Solms Delta Wine Estate.



Cape Dutch Manor House



Spectacular Mountain scenery.

We will meet you at accommodation in Cape Town or Stellenbosch and drive out to the Winelands discussing interesting historical accounts en route. We have a variety of hiking options in the imposing Jonkershoek mountains with their high peaks and deep kloofs, form part of the larger Boland mountain range. Afterwards we have the option of a wine tasting in the lower reaches of the wine producing valley.

Sossyskloof (7.2km)

This hike takes place within an ancient rock fault within the Jonkershoek valley, and in a relatively short distance it showcases the variety of forms of the indigenous flora as well as the geology of the area very well.

It is a circular trail which takes you initially through a stand of protea trees, and then winds its way up a rock strewn slope.

The path then levels off onto a flat contour section which offers lovely views over the Jonkershoek valley. At times, you will pass through some small pockets of indigenous forest with various types of trees that may well as much as 250 to 300 years old. One of these shady areas will make the ideal spot to stop for lunch.

After this section, the zig – zagging descent starts with the impressive cliff face rising up out of the fault line forming an imposing backdrop to the scenery. This descent will take you all the way back to the starting point. With such floral variety in the area, there is a good chance of seeing plants in flower at any time of the year that you do this hike.

Panorama Hiking Trail (17km):

This trail is about 17km long, takes the best part of a day, and is recommended only for experienced hikers. It is a fantastic route, showcasing some of the best that the area has to offer in terms of scenery, plant life, and outdoor adventure in general.

The trail starts with a steady climb up the side of Jonkershoek Valley. You gain altitude quickly and after about 3.5km, the contour path is reached. This makes for a pleasant respite as you contour along the mountainside, winding in and out of the folds of the mountain.

Then, the very steep ascent to Berg River Neck starts. The intense effort required for this uphill is well rewarded with an awesome view down Assegaibos Gorge on the one side, and Jonkershoek Valley on the other.

Another short ascent takes you onto the stretch of mountain which closes the back of the valley. This entire meandering section offers the stunning panoramic views for which the trail is named.

Once the opposite side of the valley is reached, the knee jarring descent begins.

The name of this section, Kurktrekker, says it all – it is the Afrikaans word for cork screw. The path zigzags down the mountain at an extremely steep gradient, only leveling somewhat near the valley bottom where it traces the Eerste River to take you back to the starting point.

DEVON VALLEY ROUTE

For the health and fitness lover. Seemingly innocent, this trail affords the hiker with a good work-out, all along the slopes of the vine-clad hills, with commanding views of both sides of the Devon Valley. Abundant fresh air and meticulously kept vineyards against the backdrop of the magnificent Stellenbosch mountains, lure the hiker to linger at Middelvlei, a wine estate steeped in the history of wine-making pioneers. Do the trail on foot or on a mountain-bike.

Distance Estimated time 8 km 2,5 hours

Difficulty: Fair, hilly

Please note that this PRIVATE tour price is inclusive of the following:

		1	2	3	4	5
Winelands Meander	Full day	R 2 750	R 1 900	R 1 600	R 1 400	R 1 350

Price includes

- Transport to and from accommodation
- DEAT qualified Nature Guide
- Bottled water and snacks
- Entrance fees and unlimited wine-tasting

Excludes: Gourmet lunch at Wine estate and alcoholic beverages at lunch.

